

PROJECT SELF HELP

Project Self Help is a program designed to assist low-income individuals receiving SNAP benefits to better care for themselves and/or their families by providing:

1. **ITEMS NEEDED TO ACCEPT EMPLOYMENT:** Such as uniforms, TWIC cards, State ID's, tools, gasoline until the first paycheck, etc.
2. **TUITION ASSISTANCE:** Funding is available to cover a portion of the costs of tuition, books/supplies for students seeking to obtain a degree to work as a Certified Nurses' Assistant or Phlebotomist from the Vocational Technical Schools located within the Houma-Thibodaux Diocese.

Interested applicants can call Jennifer Gaudet at 876-0490 or email jgaudet@htdiocese.org to schedule an appointment. Proof of household income, SNAP printout, and proof of household expenses are needed to apply.