



Our Mission

The Assisi Bridge House is a non-profit, residential halfway house and independent living program providing extended secondary treatment to any man who is working to recover from chemical dependency. The program is focused upon developing personal and social skills to assist a man in becoming a well-rounded individual within our society.

Assisi Bridge House is a program of Catholic Charities of the Diocese of Houma-Thibodaux



All donations are tax deductible. Assisi Bridge House is funded through the United Way for South Louisiana, The South Central Louisiana Human Services Authority, fees for service, Catholic Charities of the Diocese of Houma-Thibodaux, Medicaid, grants and donations.

Assisi Bridge House works cooperatively with:

- Options for Youth
- Fairview and other treatment centers
- Region 3 Mental Health Advisory Council
- Diocese of Houma-Thibodaux Youth Rally
- High Schools
- Local churches
- South Central Louisiana Human Services Authority
- Bayouland Jamboree
- Southdown Marketplace
- Ladybug Ball
- Habitat for Humanity
- Catholic Charities
- Diocese of Houma-Thibodaux Maintenance
- Lumen Christi Retreat Center
- Easy Does It Club
- Serenity by the Sea
- Nicholls State University (internships)
- Drug Courts
- Magellan of Louisiana
- United Way for South Louisiana
- Louisiana Rehabilitative Services

Assisi Bridge House *Halfway house for men*

"Community, Commitment, Change"



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Who we are

Components of the program

- Group therapy
- Family therapy
- Individual therapy
- Evaluation on 12 domains:
 1. Cooperation/leadership
 2. Spirituality
 3. Feelings
 4. Communication/social interaction
 5. Health/physical fitness
 6. Family
 7. Education/job preparation
 8. Legal issues
 9. Financial issues
 10. Alcoholics Anonymous, etc.
 11. Relapse
 12. Living Independently
- Meditation
- 12 step sponsorship
- 12 step meetings (AA, NA, CA, CODA)
- Coping Skills Education
- Community Living
- Relapse prevention
- Separate Independent Living Program
- Optional church attendance at the denomination of choice



Philosophy

Men with addictions are given the opportunity to live in a community setting in which they make a commitment to change. Assisi Bridge House supports the 12-step program of AA, NA, etc. Each client is given a monthly treatment plan addressing his personal needs. Family participation is encouraged. The staff includes licensed master's level professionals and counselors with many years of experience in treating addictions. Assisi Bridge House is a 24 hour, 365 days per year residential program that creates a therapeutic community.

Criteria for Admission

Males, 18 years or older, who have completed primary treatment (a 28 day inpatient treatment program) within the past year, have been clean and sober 30 days before admission, are stabilized on any (non-narcotic) prescription medications. Residents must be willing to defer employment. They must acknowledge their addiction to drugs and/or alcohol. Referrals are self-referrals or referrals made from other treatment facilities or the criminal justice system.

Commonly asked questions:

How long is the program?

Roughly four to six months depending on the individual's progress.

Can I go to work while there?

Typically residents may start a job search after they present their 90 day report, if the staff agrees that they have met all criteria.

Can family visit?

There is a monthly family group therapy session and two visit weekends per month. Two family day events per year are also scheduled.

How much does it cost?

Treatment costs the resident \$10 per day. An admission fee of \$60 is also expected upon arrival. Residents approved through Magellan of Louisiana may be eligible to have their fees fully or partially paid through Medicaid or South Central Louisiana Human Services Authority.

How many beds are available?

There are 15 beds at Assisi Bridge House and 4 at Independent Living.

What are the outcome rates?

Typically, 70 percent of those who complete the ABH program report being clean and sober after one year. Nearly 100 percent of men are employed upon completion.